



Football Academy



WESTFIELD
ACADEMY

believe | strive | achieve

Academy Staff



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This exciting programme will give talented young players between the ages of 16 and 19 the chance to combine academic studies with practical football experience, designed to bridge the gap between grassroots and academy football.

Players from the Academy will train daily and will play on a competitive basis, which is an experience similar to football academies nationwide, to which players may progress. In addition to the training, players will complete the BTEC Level 3 National Foundation Diploma in Sport with the support and guidance of the highly skilled teaching staff at Westfield Academy.

The teams will play in the NFYL which is as close to Academy Football as you can get, as the league is solely for Premier League and Football League clubs. Each league hosts a demanding and high standard of football through which players may progress to the Watford FC Academy Under 18 Youth Team, Under 21s or even the First Team. All players are provided with Watford FC training kit.

We provide players with the skills required to help them progress to a higher standard of education and football as well as gain experience



necessary to work in community football coaching and other areas within the sports industry. Players will receive training in football coaching leading to FA qualifications, Emergency Aid courses and a grounding in Safeguarding issues and practice.

All courses are staffed by fully qualified professionals, both on and off the field. This allows flexibility for students to choose from a combination of pathways to match their ability, aptitude, interests and aspirations.

Our Football Academy

Watford FC Community Sports & Education Trust and Westfield Academy have joined forces to create a Football Academy.



The Football Academy is a fantastic opportunity for young people keen to develop their talent on the football pitch and find a route in to a career in football coaching, the leisure/sports industry or university.

For more information please contact:

david.byrne@watfordfc.com or
mark.timmington@watfordfc.com

National Football Youth League
www.nfyl.co.uk

BTEC Level 3 National Foundation Diploma in Sport



This qualification is intended for post 16 students wanting to continue their education through applied learning and who aim to progress to higher education and ultimately to employment possibly in the sport industry.

Learners will study four mandatory units:

Unit 1: Anatomy and Physiology

Unit 2: Fitness Training & programming for Health, Sport and Well being

Unit 3: Professional Development in the Sports Industry

Unit 4: Sports Leadership

Learners will also choose three optional units which have been designed to support progression to a range of sector-related courses in higher education.

Your Questions Answered

*Everything you need to know about joining the BTEC
Level 3 National Foundation Diploma in Sport.*

What grades will I need to be able to enrol on the programme?

- Five GCSEs at A - C.

Support will be available if students need to resit Maths or English GCSE.

What can the programme lead to?

- A degree in Sport/fitness-related field.
- Advanced Apprenticeships in Sports Coaching.
- University opportunities and USA Scholarships.
- Possible coaching opportunities at Watford FC.

Other opportunities?

- Potential to trial at pro clubs.
- Pathways into non-league football.
- Possibly play at Vicarage Road.
- Work Experience within the sports industry.
- Employment in Sports and Fitness related fields.





National Citizen Service (NCS)

A once-in-a-lifetime experience for all 15 – 17 year olds that builds skills and confidence and helps them get ahead in work and life.

The programme helps your teenager connect to your local community through social action projects designed and delivered by young people. It is a great opportunity for our Football Academy Students to work together, bond and learn key life skills on a residential.

There are a number of compelling benefits to taking part. NCS will improve your child's CV by giving them important skills for work and life that are hard to teach in the classroom alone.

The programme will help your child contribute to their local community and in so doing meet new people from different backgrounds and develop their social skills.



"We provide players with the skills required to help them progress to a higher standard of education and football."

FA Level 1 in Coaching Football

The first stepping-stone on the core coaching pathway.

FA Level 1 in Coaching Football will provide you with an introduction to coaching the game and working with players from under 7 to open age.

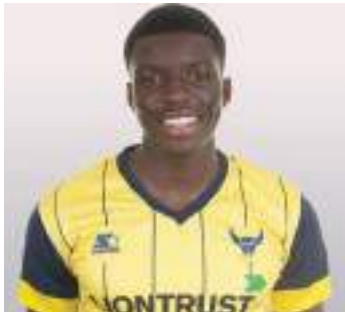
It will give you an insight into the game in England, how it is played and how you can coach to better support the development of future players.

You will be introduced to the practical and theoretical aspects of planning, delivering and reviewing individual football coaching sessions and the foundation level of knowledge and skills developed through this qualification will enable you to create safe, fun and engaging coaching sessions through building, developing and extending a series of linked practices.



Academy Success Stories

Here's what our former Academy players and current staff members are up to.



Dejon Noel Williams

Signed a professional contract with Oxford United FC.

"The Academy gave me the opportunity to play and train at the highest level possible, which has helped me play at non league level. Most significantly it has given me the chance to work as a coach for Watford FC CSE Trust and now I am taking my FA Level 2 coaching badge to further my career in coaching."

Yousseff Enajar



Reece Bath

An international student from Australia.



Lewis Everett

Gained a scholarship in the United States.



Jeff Dordjour

Signed for Chesterfield FC.



Jack and Sabri

Head boy and assistant head boy.



John and Youssef

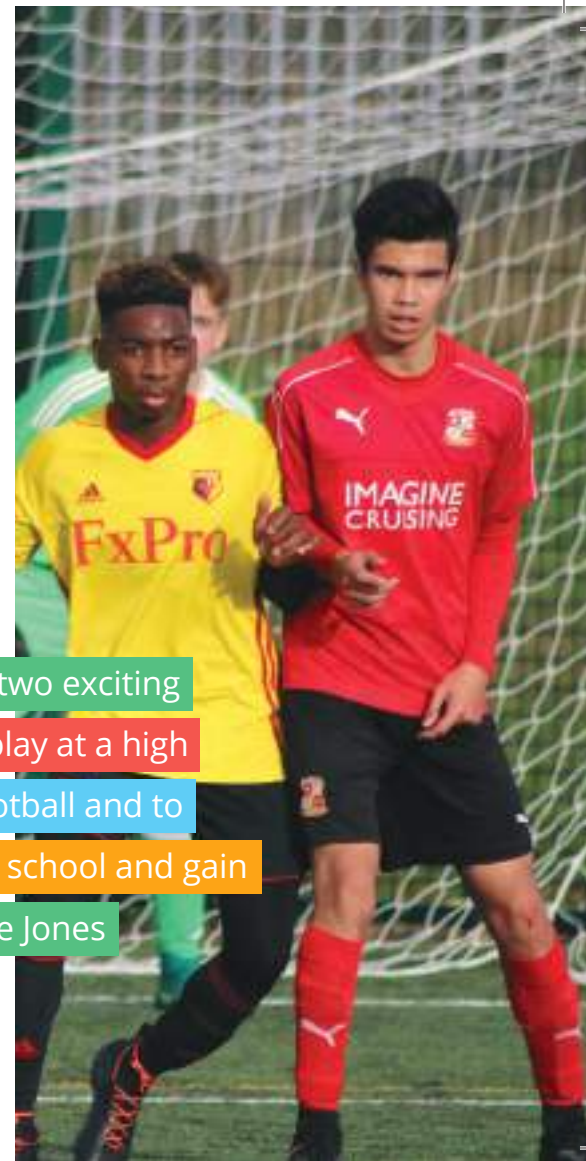
Coaching for the WFC CSE Trust.



Luke Jones

A trainee teacher/non league player.

“The Academy offered me two exciting pathways. To continue to play at a high standard of non-league football and to train to be a teacher at the school and gain further qualifications.” Luke Jones





BTEC Level 2 & 3 National Certificate in Fitness

Orbital Fitness offers many courses but two of the most popular are our Personal training Level 2 and 3 instructor qualifications, which open doors to employment in gyms across the UK for those who hold them.

The Award teaches learners how to design tailored introductory gym programmes, these courses teach the best ways to encourage gym users to train effectively and safely, and can enable progression to other roles. The following roles can lead to job opportunities with the leisure industry.

- Gym Instructor
- Gym Supervisor
- Fitness Manager
- Personal Trainer
- Group Exercise Instructor (including group indoor cycling and circuit training)

Our Facilities

Our Academy has a new 3G pitch along with a 9-a-side and 11-a-side grass pitches.

“The beauty of this programme is that it offers numerous pathways practically and academically for all students, including signing for pro clubs, gaining scholarships in the USA, teacher training and playing non-league football.”

MJB Sports Therapy works in partnership with Westfield Football Academy to supply first class medical cover and strength and conditioning support to its players five days a week.

This includes match day first aid cover, rehabilitation and recovery strategies.

We also aim to improve our players physically by implementing injury prevention strategies and having access to the fully kitted gym on sight allowing players to take part in strength and conditioning sessions as a group and individually.

Please feel free to contact me directly if you have any further questions in relation to how MJB Sports Therapy works in partnership with Westfield Football Academy or how we may be able to help you.

Email: mburke@mjbssportstherapy.co.uk

Tel: 07471 192476



MJB Sports Therapy

MJB Sports Therapy is a Watford Based sports therapy company run by Michael Burke BSc (Hons) Sports Therapy, MSc Strength and Conditioning Coach and Medical acupunctureist.





CONTACT INFO

For more information or for trial dates please contact:

**david.byrne@watfordfc.com or
mark.timmington@watfordfc.com**

The image shows the exterior of a modern school building. The main wall is white and features a large blue 'W' logo with horizontal lines above and below it. Below the logo, the words 'WESTFIELD ACADEMY' are written in a grey, sans-serif font. To the left, there are large glass windows. In the foreground, there is a blue metal fence. The sky is clear and blue.

W
WESTFIELD
ACADEMY

“The teachers and pupils at this brilliant school now have the buildings they deserve and it truly was an honour to officially open the school.”

Watford’s MP Richard Harrington

Our New Building

*Multi-million pound new school building
at Westfield Academy.*

Westfield Academy's brand new school building is part of a £25 million investment at the Watford / Croxley Green campus which includes a 3G sports pitch, County standard pitch, upgraded sports and exercise facilities and a vocational learning zone.

The new build provides a state-of-the-art learning facility for up to 1600 students including 65 classrooms, a theatre, beauty salon, state-of-the-art Design Technology facilities and fully equipped Library.

Watford's MP Richard Harrington said: "The teachers and pupils at this brilliant school now have the buildings they deserve and it truly was an honour to officially open the school."



Tim Body, Westfield Academy Headteacher,
outside the new £25 million building





**COMMUNITY SPORTS
& EDUCATION
TRUST**
REGISTERED CHARITY NO: 102239



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