



**COMMUNITY SPORTS
& EDUCATION
TRUST**
REGISTERED CHARITY NO: 1102239



Disability Multi Sport Session

**Adults 18+ • Friday's 11am - 12pm • £2 per session
14th September - 7th December (Excluding 2nd November)**

Watford FC's CSE Trust are working in partnership with Saracens Sport Foundation and Para Dance UK. Weekly multi-sport session will be delivered for any adults with a disability.

For more information please contact Karen Stephanou via karen.stephanou@watfordfc.com or 07841 028229

Meriden Community Centre Garsmouth Way,
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